



**Your feet don't have to hurt!**

**Presented by Dr. Lisa Allen, PT**  
**Wednesday January 25<sup>th</sup>, 2016 • 6-7 pm**

- Do you suffer from pain when you stand and/or walk?
- Are you unable to get through your work day without your feet killing you?
- Do you have pain after arising in the morning, after sitting, or after driving?
- Is it difficult for you to find shoes that are comfortable? Are you stuck in sneakers or ugly shoes?
- Are you unable to do activities you want? Like running, walking or going on vacation?
- Are you afraid your pain will get worse if you don't do anything about it?
- If you have answered YES to any of the above questions (or have a stubborn spouse who is in denial) - the Foot & Ankle Pain Workshop may be a life changing event for you...



*"I have been to several physical therapists and no one was able to help my foot pain. Then I found BioMechanic Physical Therapy. Finally, I can move on with my life and not be grouchy because I was in pain all of the time! The pain that was so intense is gone." — PM*

How Do I Register for the Foot & Ankle Pain and Workshop? Call our office to register at (703) 723-7726. When you register we will mail you a worksheet which you will bring with you to the event. We only have 20 seats available for this event and this invitation will be mailed to 3090 people in the Leesburg area.

All 20 attendees for the Foot & Ankle Pain Workshop will receive a Special Report as well as the transcript of the event. This event is free but it is limited to the first 20 people to register. When you register you can bring a guest (we do this because many people request to bring their spouse or other family or friend).

**Call today to reserve one of the 20 seats available!**  
**Telephone (703) 723-7726**